

SHIN GUARDS

HOW TO BE SAVED BY GOD

SALVATION: *The act or state of deliverance from danger, especially deliverance by God from the penalty and power of sin.*

(The International Standard Bible Encyclopedia, Revised)

SALVATION: ESSENTIAL HELP.

(Matt's plain english encyclopedia)

Ask God for help, EVERYDAY.

As God's co-workers we urge you not to receive God's grace in vain. For he says, "In the time of my favor I heard you, and in the day of salvation I helped you." I tell you, now is the time of God's favor, now is the day of salvation. (2 Corinthians 6:1-2, NIV)

I lift up my eyes to the mountains—where does my help come from? My help comes from the LORD, the Maker of heaven and earth. [...] the LORD will watch over your coming and going both now and forevermore. (Psalm 121:1-2, 8, NIV)

Ask God for help, with your WEAKNESSES.

- **TEMPTATIONS**

Because he [Jesus] himself suffered when he was tempted, he is able to help those who are being tempted. (Hebrews 2:18, NIV) (See also Psalm 139:23-24)

- **WORRY AND ANXIETY**

Cast all your anxiety on him because he cares for you. (1 Peter 5:7, NIV)

- **DECISIONS**

If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you. (James 1:5, NIV)

Grow Group Discussion Questions

A grow group is 8-16 people who get together weekly to study God's word and the previous Sunday's message. There is a time of discussion, support, encouragement, and learning how the message applies to daily life. **PCC uses the ESV (English Standard Version).** **HOW DO I JOIN A GROUP?** Check out the INFO Kiosk on the patio or go to pacificcoastchurch.org/gg

POINT #1

- > Describe a time when God helped you. What was the situation? What was your first response? How did God help you?
- > Other than going to God, what are some places people look to for help? For you personally, which one of these places do you look to for help? Why?
- > In your daily life, where are some common places you can look to God for help? Practically speaking, where can you rely on Him more and more during the normal rhythms of your life?

POINT #2

- > When is it most difficult for you to ask God for help: temptations, worry & anxiety, or decisions? Why? Is there another area that wasn't mentioned in the sermon?
- > What are some effective ways that you can become more aware of your weaknesses? What are some roadblocks to discovering personal insight?
- > As a group, how can we best create an environment where we can be honest about our weaknesses? What kind of environment is difficult to share weaknesses?

Daily Devotions

These are provided for mid-week personal spiritual growth. Prayerfully writing out your answers will help you experience real life transformation as you dig deeper into the spiritual truths of God's word and today's message. A downloadable PDF of this document is also available each week at pacificcoastchurch.org/sermons.

MONDAY // 2 Corinthians 6:1-2; Psalm 121:1-2, 8; Hebrews 2:18; 1 Peter 5:7, James 1:5

- Consider a time when your life was overwhelming, what was your first response? How did you get through that season? How will you handle this the next time it happens?
- List three areas/situations in your life where you will need God's help. Be as specific as possible!
- Is it difficult for you to admit to others that you need help? Why or why not?

TUESDAY // Read Psalm 88:13-14

- Since God is omniscient (perfect knowledge), why would the Psalmist write this verse?
- What should your response be when it seems like God isn't listening?

WEDNESDAY // Read 2 Corinthians 12:7-9

- Although we don't know what Paul's "thorn" was, he did! For you, what might your "thorns" be?
- Paul also knew the *purposes* for his thorn--in this passage, he mentions at least two. What are they? How might these play out in your own life?

THURSDAY // Read Galatians 6:1-5

- In this passage, we are instructed to "carry each other's burdens" and yet it also says, "each one should carry their own load." These instructions seem to be contradictory, is there any resolution? Does the text offer further instruction on this issue?

FRIDAY // Read Jonah 2

- What verses or phrases were inspiring? ("I can do this!") Confusing? ("What is this?") Challenging? ("I need to do this!")

SATURDAY // Read Psalm 68:19-20

- David praised God because He is our Savior and He is sovereign. How are these two characteristics of God connected? How might this impact your view of God and your daily dependence on Him?

MEDITATION VERSE:

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