

## Three Words

“ \_\_\_\_\_ How to Stay Spiritually Healthy in 2022 \_\_\_\_\_ ”

**1.** \_\_\_\_\_ "Reach" People for Jesus \_\_\_\_\_ Matthew 28:18-19

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**2.** \_\_\_\_\_ "Grow" in Your Faith \_\_\_\_\_ Matthew 28:20

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**3.** \_\_\_\_\_ "Connect" Together with PCCers \_\_\_\_\_ Acts 2:44-47

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# Grow Group Discussion Questions

A grow group is 8-16 people who get together weekly to study God's word and the previous Sunday's message. There is a time of discussion, support, encouragement, and learning how the message applies to daily life.

## HOW DO I JOIN A GROUP?

To learn more or join a group, visit [pacificcoastchurch.org/gg/](http://pacificcoastchurch.org/gg/) or sign up at the patio Info Kiosk.

### Point #1

- Read Matthew 28:18-19. What does it mean to make a disciple? How does this relate to Point #1?
- Why is it important for every Christian's spiritual health? Specifically, how will you apply Point #1 this year?

### Point #2

- Read Matthew 28:20. What is entailed in "teaching them to observe" (i.e. obey)? How does Point #2 relate?
- In what way do you currently do this? What is one step you will take to spiritually grow this year?

### Point #3

- Read Acts 2:44-47. Describe how the 1<sup>st</sup> century church related to one another. Give two examples.
- Why is this important? How would you rate your spiritual health in this area? How will you apply Point #3?

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## Daily Devotions

These are provided for mid-week personal spiritual growth. Prayerfully writing out your answers will help you experience real life transformation as you dig deeper into the spiritual truths of God's word and today's message.

A downloadable PDF of this document is also available each week at [pacificcoastchurch.org/sermons](http://pacificcoastchurch.org/sermons).

### **MONDAY // Read Matthew 4:18-20, 9:36-38, 28:18-19, Acts 1:8, Romans 10:14-15, 2 Peter 3:9**

- How does today's reading highlight God's calling for every Christian? What is at stake?
- How do you see this happening in your life? What does this highlight about rebooting with God?
- In what way will you step into your calling directly or indirectly? How can PCC help?

### **TUESDAY // Read Matthew 28:18-19, John 1:35-50, Acts 10:19-48**

- What approach did New Testament Christians use to share their faith with family and friends?
- What was the result? How does this approach make it easy for every Christian to participate in?
- How does this encourage you to do the same? What are some specific ways you will do it this week?

### **WEDNESDAY // Read Matthew 28:20, John 15:1-12, 2 Timothy 3:16-17, 2 Peter 1:5-12**

- Explain how "teaching" and "observe" relate to one another. Why is this important for spiritual growth?
- How can church attendance, Grow Groups and Daily Devotions help? Why is consistency important?
- Specifically, how will you step into Matthew 28:20 in more significant ways for 2022?

### **THURSDAY // Read John 1:12-13, Romans 8:15-17, 2 Corinthians 6:16-18, Galatians 4:4-7, 1 John 3:1-2**

- What spiritually happens when someone becomes a Christian? (i.e. adoption, family)
- What does this imply about church and Christian relationships? How does this adjust your perspective?
- Why does this make church attendance and grow groups critically important? How do you need to change?

### **FRIDAY // Read Acts 2:44-47, 2 Chron. 31:2-10, Matthew 6:19-24, Luke 21:1-4, 1 Cor. 16:1-2, 2 Cor. 9:7-8**

- Why is tithing and financial giving to the church important to God? What does it reflect?
- What standards should Christians use for tithing/giving? How does this challenge your current approach?
- What steps of faith does God want you to take for financially giving in 2022? Take time to pray about it.

### **SATURDAY // Read Acts 2:44-47, Romans 12:3-8, Hebrews 10:24-25, Ephesians 4:1-7**

- In what way is staying spiritually healthy a team effort? Why is isolation risky for any Christian?
- How can this topic be countercultural today? Give an example. How can this be a struggle for you?
- How would you rate your commitment to the PCC family? What steps will you take to change?

**MEDITATION VERSE:** *Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.*

**Matthew 28:19-20**