

Continuing Ed.

“ Important Reminders for an Effective Prayer Life - Part 1 ”

1. It Requires a Commitment v. 2a



2. Keep Your Motives In Check v. 2b



Grow Group Discussion Questions

A grow group is 8-16 people who get together weekly to study God's word and the previous Sunday's message. There is a time of discussion, support, encouragement, and learning how the message applies to daily life. **PCC uses the ESV (English Standard Version).**

HOW DO I JOIN A GROUP?

To learn more or join a group, visit pacificcoastchurch.org/gg/ or sign up at the patio Info Kiosk.

Point #1

- Read Colossians 4:2. What does it mean to be "steadfast" in prayer? Why is it necessary for effective praying?
- Explain the two types of prayer that is an application of Point #1. Which approach do you prefer? Why?
- How important is prayer currently in your walk with Jesus? In what way is Point #1 a good reminder for you?

Point #2

- Read Colossians 4:2. Explain what it means to be "watchful" in prayer. What does it prevent from happening?
- How is Luke 18:9-14 an example of this happening? How does this challenge your current approach?
- In what way does Point #2 prevent this from happening? Be specific. How can practicing silence also help?

Daily Devotions

These are provided for mid-week personal spiritual growth. Prayerfully writing out your answers will help you experience real life transformation as you dig deeper into the spiritual truths of God's word and today's message.

A downloadable PDF of this document is also available each week at pacificcoastchurch.org/sermons.

MONDAY // Read Colossians 4:2a, 1 Thessalonians 3:10, 5:17, Luke 5:16

- What does it mean to be "steadfast" in prayer? Why is it necessary for effective praying?
- What is the opposite of being "steadfast"? What does this highlight about your current prayer life?
- Explain two ways to be steadfast in prayer. Which approach will you step into this week?

TUESDAY // Read Colossians 4:2a, Luke 18:1-8

- In what way is the parable of the persistent widow an example of steadfast praying?
- What does this imply about how God views prayer in relation to faith? Be specific.
- What are some things you need to start praying about again? Take some time right now to apply this truth.

WEDNESDAY // Read Colossians 4:2b, Ephesians 6:12

- Explain what it means to be "watchful" in prayer. Why is this necessary for every Christian to understand?
- Knowing that prayer draws you closer to God, how do you think the enemy wants your prayer life to be?
- In what way does this awareness help you be more steadfast and on guard? Be specific.

THURSDAY // Read Colossians 4:2b, Matthew 6:9-10

- What does being "watchful" prevent from happening when it comes to selfish praying?
- How does Jesus' approach to prayer prevent this from happening? How does it also explain why we pray?
- Keeping this truth in mind, take some time to pray right now. Journal what God teaches you.

FRIDAY // Read Colossians 4:2b, Luke 18:9-14

- In what way is the parable of the tax collector an example of not being "watchful" during prayer?
- How can this take place in less extreme ways in Christian circles today? Give an example.
- How can you fall into the same self-serving trap during your times of prayer? How will you adjust today?

SATURDAY // Read Colossians 4:2b, Psalm 139:23, Romans 7:18, 8:26

- What does today's reading highlight about the risk that takes place when Christians pray?
- What does this also highlight about "learning" how to effectively pray? Who is the ultimate instructor?
- In what way will practicing silence help? Practice this now by being quiet before the Lord for 5 minutes.

MEDITATION VERSE: *²Continue steadfastly in prayer, being watchful in it...*

Colossians 4:2a-b