

Duck & Cover

“ How to Protect Against a Spiritual Struggle - Part 3 ”

1. Double-Check "What" You Believe v. 8a



2. Double-Check "Who" You Believe v. 8b

Grow Group Discussion Questions

A grow group is 8-16 people who get together weekly to study God's word and the previous Sunday's message. There is a time of discussion, support, encouragement, and learning how the message applies to daily life. **PCC uses the ESV (English Standard Version).**

HOW DO I JOIN A GROUP?

To learn more or join a group, visit pacificcoastchurch.org/gg/ or sign up at the patio Info Kiosk.

Point #1

- Read Colossians 2:8a. How was Paul correcting the Colossian Christians? What was their issue? Be specific.
- What was ultimately required in order for them to protect themselves? How does Point #1 relate?
- What is implied about the subtle ways the enemy will work? How can you apply Point #1 to what you believe?

Point #2

- Read Colossians 2:8b. In your own words, what does "human tradition" reference? What is implied about origin?
- How does this relate to Point #2? Why is this important for spiritual protection? Give an example.
- How can "God is leading me" be deceptive? How should it be clarified? How do you need to apply Point #2?

Daily Devotions

These are provided for mid-week personal spiritual growth. Prayerfully writing out your answers will help you experience real life transformation as you dig deeper into the spiritual truths of God's word and today's message.

A downloadable PDF of this document is also available each week at pacificcoastchurch.org/sermons.

MONDAY // Read Colossians 2:8a, Ephesians 5:12, Philippians 3:2, 1 Peter 5:8

- Describe how Christians today are at spiritual risk. In what way can this easily be overlooked?
- Explain the tactics Satan will often use to catch Christians off guard. Be specific.
- How does it make you feel knowing you're at risk? What are some ways you can be more on guard today?

TUESDAY // Read Colossians 2:8a, Romans 1:21-32, 2 Peter 2:15-18

- How does Paul's discussion in Romans 1:21-32 relate to Colossians 2:8a? What is implied about a progression?
- What is also implied about "human traditions"? Why is this important to recognize?
- In what way have you possibly been deceived? Give an example. What adjustment will you make?

WEDNESDAY // Read Colossians 2:8a, Psalm 119:15-16, Matthew 4:1-11, 2 Timothy 2:15

- Why will the Bible be the place of ultimate protection against a spiritual attack? How did Jesus use it?
- What does it mean to "meditate" on God's precepts? (Psalm 119:15) How will it help provide protection?
- How does this elevate your view of the Bible? What steps will you take to protect yourself with the Bible?

THURSDAY // Read Colossians 2:8b, Galatians 4:3, 9

- What was Paul highlighting about false teaching based on "human tradition"? (Hint: who is trusted)
- What is meant by "elemental" spirits? What does this reveal about Satan's tactics for deception?
- How do you think the church's challenge of COVID has possibly exposed this issue? Be specific.

FRIDAY // Read Colossians 2:8b, Acts 20:28-31a

- In what way did Paul expose how a worldly approach to living can slip into the church? (Hint: self)
- How does this ultimately shift a trust in God to trusting in yourself or others? Be specific.
- How do you see this happening in Christianity today? How can this happen to you? What will prevent it?

SATURDAY // Read Colossians 2:8, Matthew 7:15, Acts 17:10-11, 20:28-29

- In what way did the Bereans apply the truth of Colossians 2:8 when listening to a sermon? Be specific.
- Why is this an important practice when it comes to every part of the Christian life? How does it protect?
- How is God prompting you to be more of a Berean? What steps will you take to doublecheck yourself?

MEDITATION VERSE: *⁸See to it that no one takes you captive by philosophy and empty deceit, according to human tradition, according to the elemental spirits of the world, and not according to Christ.* **Colossians 2:8**