

Mentoring Tips

“ How to Experience an Effective Prayer Life - Part 3 ”

1. Be Specific

2. Monitor Your Motives



Grow Group Discussion Questions

A grow group is 8-16 people who get together weekly to study God's word and the previous Sunday's message. There is a time of discussion, support, encouragement, and learning how the message applies to daily life. **PCC uses the ESV (English Standard Version).**

HOW DO I JOIN A GROUP?

To learn more or join a group, visit pacificcoastchurch.org/gg/ or sign up at the patio Info Kiosk.

Point #1

- Read Matthew 6:11. What principle is Jesus teaching about specifics when it comes to prayer requests?
- Why is this important? How does Point #1 relate to prayer requests and not to prayers being answered?
- How will this make a prayer life more effective? How does this adjust you? Give a personal example.

Point #2

- Read Matthew 6:11. Beyond the practical, how were motives also being addressed? Be specific.
- Why is this important? What will happen if you pray with ungodly motives? (c.f. James 4:3)
- What is required to apply Point #2 and avoid this subtle trap? What is one prayer you need to adjust right now?

Daily Devotions

These are provided for mid-week personal spiritual growth. Prayerfully writing out your answers will help you experience real life transformation as you dig deeper into the spiritual truths of God's word and today's message.

A downloadable PDF of this document is also available each week at pacificcoastchurch.org/sermons.

MONDAY // Read Matthew 6:7-9

- What was Jesus implying by saying prayer needs to take place "in secret"? What is the ultimate goal?
- Take two minutes to be quiet, silencing your mind. After two minutes, what did you find about your thoughts?
- What does this reveal about your ability to listen to God? How will you practice this week?

TUESDAY // Read Matthew 6:9-10

- What two principles was Jesus presenting when you start to speak to God in prayer?
- Why are these principles important and how will it make your prayer life more effective?
- Take the next ten minutes to practice these principles in prayer with God. What was your experience?

WEDNESDAY // Read Matthew 6:11

- What specific principle did Jesus teach when it comes to prayer requests? Why is this important?
- Why will praying in generalities lead to an ineffective prayer life? Give an example.
- How does this adjust the way you currently pray for things? Take some time to apply this truth now.

THURSDAY // Read Matthew 6:11, James 4:3

- In what way did Jesus address motive when it comes to prayer requests? Be specific.
- Why will misdirected motives make prayer ineffective? What is required in order to avoid this trap?
- Write down your current prayer requests. What adjustments do you need to make based on Matthew 6:11?

FRIDAY // Read Matthew 6:11, 2 Corinthians 12:1-10

- In what way did Paul apply the principles Jesus taught in Matthew 6:11? Be specific.
- How was there a distinction between the way Paul prayed for God's provision versus answers?
- What was the result of this type of prayer? How does this encourage you in your prayer life?

SATURDAY // Read Matthew 6:7-11

- Take 15-20 minutes applying the truths taught to date about prayer. (i.e. Start with silence. Continue in worship. Ask God for His will, insight, and be specific with requests.)
- Journal your experience when finished, describing in detail what God is teaching you.

MEDITATION VERSE: ⁹Pray then like this: "Our Father in heaven, hallowed be your name. ¹⁰Your kingdom come, your will be done, on earth as it is in heaven. ¹¹Give us this day our daily bread...

Matthew 6:9-11